



GHAMIDI CENTER OF ISLAMIC LEARNING

Sunday School SYLLABUS

Course Name: **Discovering Islam for Teens**

Course Stage: **Intermediate**

Stage Theme: **Islamic Foundation & Concepts / Quran and Sunnah**

Level: **Covers courses for L1 – L6**

Ages: **15 – 18 years**

Version: **1.0**

www.ghamidi.org/sunday-school

**Al-Mawrid USA
Ghamidi Center for Islamic Learning**

Overview:

Discovering Islam for Teens is the second of the two courses that aim to act as a bridge course for students who want to join our Advanced-level courses directly and are required to possess the foundational knowledge necessary for those courses. This special course summarizes Level 1 through Level 6 of GCIL Sunday School and will allow its students to join L7 after completing the course. This course offers a holistic exploration of Islam, covering both beginner and advanced-level topics at a high level.

The following topics are covered in three modules:

Module A: Fundamentals of Islam

- Islam, Faith and Beliefs
- Essential Islamic practices
- Prophets and Messengers – including a short Seerah of Prophet Muhammad

Module B: Islam and Morality

- Understand ethics and morality
- Manners and Etiquette in Islam
- Study different human character traits in the light of Islam

Module C: Understanding Quran

- Introduction to the Quran
- The style and topic of the Quran
- How to approach the Quran
- Applying the principles through examples from the Quran
- Selective Study of the Quran

Objectives:

At the end of this course, the students will be able to:

- Develop a good understanding of Islam and Islamic beliefs
- Understand worship rituals, the pillars, and the wisdom behind these rituals and perform these religious rituals correctly, e.g., ablution and prayer
- Learn about religious festivals and their rituals, e.g., Eid and animal sacrifice
- Understand the purpose of Prophets and Messengers and the lessons learned from their lives
- Learn how to develop the human character that the Quran wants from us
- Improve their interaction and relationship with Allah and the people around them
- Appreciate why the Quran is a unique book and how it should be approached when understanding it
- Apply the knowledge gained about the sciences of the Quran to the selected passages of the Quran
- Will be able to join GCIL Sunday School L7 classes

Delivery Method:

The method of instruction will be mainly through storytelling and engaging in discussions on the morals of these stories.

Course Outline:

The following list is comprised of suggested topics for the course. The topics may be slightly adjusted based on the needs of the class. Additional reading material (if needed) for each session will be available for download from the web portal a week before the session.

***Note:** The instructor will create a weekly lesson plan or outline based on these topics, incorporating practical aspects of the course and exercises into the weekly lessons.*

Module A – Fundamentals of Islam

1. Islamic Beliefs

- › The Definition of Islam and Faith
- › Our Beliefs
- › Allah and His Attributes
- › Beliefs and Actions

2. The Purpose of This Life

- › The Grand Test of Humans and Jinns
- › The Day of Judgment
- › Life in the Hereafter
- › Concepts of Heaven and Hell
- › What is required to be successful in the Hereafter?
- › How did Allah help us in passing this test?

3. Islamic Rituals and Practices

- › How do we learn Islamic Rituals?
- › Salah – Prayers
- › Sawm – Fasting
- › Zakah – Charity
- › Hajj – Pilgrimage to Makkah
- › Other Islamic practices
- › Eid Al Fitr and Eid Al Adha

4. Prophets and Messengers

- › Why did God send Prophets and Messengers?
- › The difference between Nabi (Prophet) and Rasool (Messenger)
- › The Story of Prophet Adam (AS)
- › The Story of Prophet Nuh (AS)

- › The Story of Prophet Ibrahim and Ismail (AS)
- › The Story of Prophet Yusuf (AS)
- › The Story of Prophet Musa (AS)

5. A Short Seerah of Prophet Muhammad

- › Prophet's Family, Lineage, Childhood and Livelihood
- › His character before Prophethood: Al-Sadiq, Al-Amin
- › His marriage with Khadijah
- › Receiving the Prophethood
- › Initiation of Preaching to his close relatives and to Quraysh
- › Initial reaction from his relatives and leaders of the tribes
- › Early Muslims and persecution in the Path of the Truth
- › First Migration to Abyssinia
- › The Year of Sorrow
- › The Night Journey and Ascension
- › The Migration to Medinah
- › The Battles of Badr and Uhud
- › The Battles of Ahzab
- › Treaty of Hdaybiah
- › The Victory of Makkah
- › The Farewell Sermon

Module B – Islam and Morality

6. Ethics and Morality – Setting the Foundation

- › Ethics and morality – the definitions and difference
- › Human vs. animals – what sets us apart?
- › Who sets the standards for right and wrong?
- › Islam's approach towards ethics and morality
- › Relations and Morality
- › God's attributes, human nature, and morality

7. Basic Manners and Islamic Etiquette

- › When greeting non-Muslims
- › When visiting people in their houses
- › When having guests in your house
- › When talking to elders, young and friends
- › Think before you speak because angels are writing
- › Common Courtesies: Make a queue and ask before you take
- › Take responsibility for your actions and refrain from blaming others
- › Sharing and Caring
- › Religious and cultural etiquette
- › Examples of religious etiquette and cultural etiquette

- › Eating Etiquettes
- › Salutation and Greeting among Muslims
- › Utterances after Sneezing
- › Various instructions on personal hygiene (Cleanliness)
- › Some more customs and practices
- › Social media etiquette – Netiquette

8. Humility & Gratitude

- › The concept of humility and humbleness
- › Humility is the hallmark of servants of Allah (Quran called them l'baad-ur-Rahman)
- › Humility is at the core of many virtues
- › Humility and prayers
- › Humility and self-esteem
- › All gratitude belongs to Allah SWT
- › The gratitude of heart, tongue, and actions
- › Being grateful is a trial from Allah SWT
- › Quran equates ungratefulness to disbelieve
- › Gratitude to fellow human beings
- › Gratitude to our parents

9. Arrogance, Vanity, and Show-off

- › The Concept of Arrogance in Islam
- › Quran on Arrogance
- › Arrogance and Satan
- › Arrogance is the mother of all evil
- › Things that can make us arrogant
- › Healthy pride
- › The vanity and show-off of Qaroon (Korah), a man from the Children of Israel
- › Show off – Its dangers
- › How to avoid arrogance and pride and show off

10. Justice

- › The concept of justice
- › Allah SWT's stress on justice
- › Adhere to justice even if it is against your own self, your relatives or in favour of your enemies
- › Consequences of Injustice
- › How to respond to Injustice

11. Truthfulness and Honesty

- › The concept of truthfulness
- › Quran's demand on truthfulness
- › Lying and its consequences

- › The concept of honesty and the difference between honesty and truthfulness
- › Honesty in actions and dealings
- › Trust and honesty
- › The effects of dishonesty in a society

12. Patience and Forgiveness

- › The difference between patience and passiveness
- › A trial from God
- › Patience is the most admirable quality of a believer
- › Companions of patience
- › Patience in our relationships
- › Occasions of patience
- › How to achieve patience?
- › The concept of Forgiveness
- › How to repent?
- › Adam and Satan
- › Forgiving others
- › The companions of forgiveness
- › Forgiveness in Quran
- › Forgiveness is not an excuse to sin

13. Charity & Generosity

- › Charity and generosity
- › Charity in Islam
- › The upper hand is better than the lower hand
- › Charity in Quran
- › Levels of Faith
- › Charity around you
- › Generosity

14. Modesty

- › The concept of modesty / Haya
- › Three Characteristics of a Muslim Society
- › Modesty in Islam explained
- › Modesty defines levels of faith
- › Being modest in modern times
- › Haya manifested in our appearance
- › How to gain and maintain Haya

Module C – Understanding the Quran

15. Introduction to the Quran

- › The environment of revelation
- › The Final Book on Religion

- › Quran is Divine
- › Its Relevance is Eternal
- › The Text of the Quran is protected and preserved by God
- › God protects the Language of the Quran
- › Its relationship with other Divine Books
- › Some interesting facts about the Quran

16. Style of the Quran

- › Genre
- › The sermon was given by a Powerful Orator
- › The Royal “We”
- › Dialogues
- › The rhymes and rhythms
- › Narratives and stories
- › Similes/Allegories
- › Details of the Unseen World

17. The topic of the Quran

- › History of Islam and God’s Scheme
- › God’s law of conclusive communication of the Truth
- › The Journal of the Prophetic Mission
- › Key considerations when understanding the Quran

18. How to Approach the Quran

- › Quran explains itself
- › General and Specific
- › Status of Reasoning of Revelation
- › Relationship between Hadith and Quran
- › Role of previous Divine Books in understanding the Quran
- › Importance of the Context
- › Significance of Alif Laam

19. The Selective Study of the Quran

- › Examples from the Quran – Applying the Principles
- › God or Allah in the Quran
- › The Rights of Parents in the Quran
- › The Life of this World
- › Predestination and God’s Scheme
- › Characteristics of a Believer
- › Features of a Muslim Society
- › The Satan in the Quran

20. Review and Exam